

Milagro School of Herbal Medicine – 2023 Residence Program

Location: 1500 5th St., Santa Fe, NM

Phone: 505.820.6321

Begin Date: April 4th, 2023

Classes are Tuesdays from 5-6:30 pm; Saturdays 10- 4 pm

Class Size: limit 12; early registration is encouraged

Cost: \$1,695.00 plus tax level 1; payable in cash or check in one payment

Tuesday Classes Taught by Emily Rose: Body Systems and Herbs

April 4 – Herbal energetics; Digestive system part 1

April 11 – Digestive system part 2

April 18 – Nervous system part 1

April 25 – Nervous system part 2

May 9 – Immune system

May 16 – Respiratory system

May 23 – Cardiovascular system

May 30 – Lymphatic system

June 13 – Female reproductive system

June 20 – Male reproductive system

July 11 – Urinary system

July 18 – Musculoskeletal system

Saturday Classes Taught by Mary Schriver and Tomas Enos

April 15 – Outdoor plant walk; botany; fresh plant processing

April 29 – Infusion and decoctions

May 13 – Outdoor plant walk; flower essences

May 27 – Oils and Salves

June 10 – Outdoor plant walk; seasonal tonics

June 24 – Herbal baths and water-based products

Required Books

The Herbal Medicine Makers Handbook by James Green

Medicinal Plants of the Mountain West by Michael Moore

Medicinal Plants of the Deserts and Canyons West by Michael Moore

Body in Balance by Maria Groves

Level 2 – starts in August

Cost: \$1,695.00 plus tax level 2; payable in cash or check in one payment

Major topics include:

Clinical Applications of Herbalism

Outdoor Field Trips – high mountains

Southwestern Native Foods and Herbs

Herbal Bitters

Skin Lotions

Herbal First Aid

Percolating Tinctures

Topicals – poultices, plasters, and masques

A Certificate of Graduation will be issued for all who complete both levels.

